

Medication Pass Nutrition Supplement Program (Med Pass):

Guide for Staff

What is it?

- A nutritional supplement program that provides nutritionally high-risk patients with an oral liquid supplement with or without medication.
- Provides [indicate Kcal and grams of protein/day based on the chosen product].
- Improves wound healing, promotes weight gain and increases nutrient intake.
- Will be available at [Hospital Name/Unit], starting [date].

What is the process?

- If patient meets the criteria for Med Pass, send a referral (consult) to the Clinical Dietitian.
- Physician or Clinical Dietitian orders Med Pass nutrition supplement on Physician Orders Sheet and specifies day of week for initial/weekly weight (on Med Pass initiation day).
- Unit Clerk/Nurse transcribes the order and day for weekly weight on the MAR [form name] and on the patient care plan.
- Unit Clerk/Nurse communicates order to diet office via unit-specific process.
- Nutrition and Food Services staff place required volumes of [Supplement name] in unit kitchen fridge daily.
- Nurse portions [supplement] in small, disposable cup (either outside patient room at nurse server or in unit kitchen).
- Opened product should not stay at room temperature for more than 2 hours.
- Opened product is sealed with a completed "Date Open" label, refrigerated and used within # hours. Nutrition and Food Services staff discards any opened, expired product daily.
- Nurse documents consumption/refusal of [Supplement] on the MAR.
- If not consumed for 2 consecutive days, Nurse notifies Clinical Dietitian.
- Nursing/Health Care Aide weighs patient on day of Med Pass initiation and weekly thereafter. Document on Vital Sign Record.
- Clinical Dietitian monitors and evaluates success of Med Pass program for each patient weekly and discontinues if identified to not be of benefit or no longer required.

This resource is a result of the collaboration of the hospital sites, researchers and stakeholders participating in the More-2-Eat study.