



Canadian Malnutrition Awareness Week 2022

Webinars Summary

October 3–7 2022

All sessions delivered consistent messages and calls to advocate for change to improve **Malnutrition Care for All**. Here are the take away messages:

Oct 3: “Advocating for nutrition: every voice matters” (Joint ASPEN)

- advocating for change is important especially by patient advocates
- speaking up is necessary, every voice counts, helps to build awareness for nutrition
- although policy change takes several years, every small step is one step closer

Oct 4: “Dietitians adding value to primary care: a service designed to support those at risk of frailty and malnutrition”

- new role for primary care dietitians as First Contact Practitioners (FCPs) vs. MDs
- FCP role has the potential to improve patient outcomes including frailty, malnutrition and could result in cost savings

Oct 5: “Re-imagining nutrition in LTC, addressing gaps highlighted by COVID-19”

- patients living in LTC generally have inadequate nutrition intake and hydration, has been heightened by COVID-19
- recommendations from existing food and nutrition standards have low feasibility
- there is a need to advocate for improvements in nutrition care in LTC settings

Oct 6: “Food insecurity for children in Canada: a stark reality”

- overall, 1 in 5 children in Canada live in food insecure households
- hospital based food insecurity affects parents and families of hospitalized children
- proposed ideas to improve household food insecurity include full medical financial partnership, hospital foundations, and room service
- food insecurity is part of health equity, so it is essential to advocate for change

Oct 7: “Hospital initiatives to address malnutrition” & “Initiatives visant la prise en charge de la malnutrition en milieu hospitalier”

- tests for compliance for the Required Organizational Practice for the HSO Malnutrition Standard have been developed and will be piloted
- CMTFs AMC program of mentor & champions supports the implementation of INPAC and the HSO Standard across Canada
- gaps in awareness of the malnutrition standard and support for SGA training exist

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Canadian
Malnutrition
Task Force™

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