



# EAT YOUR MEDICINE.

**Food is medicine.** It helps you get better. If we accidentally prevent you from eating your food, please tell us. We want you to eat all your meals... we want you to get better.

# FOOD IS MEDICINE. MEDICINE HEALS.



Canadian  
Malnutrition  
Week



2016

## September 26th–30th

Brought to you by the Canadian Malnutrition Task Force  
Learn more at [nutritioncareinCanada.ca](http://nutritioncareinCanada.ca)



Canadian Malnutrition Task Force | le Groupe de travail canadien sur la malnutrition

Advancing Nutrition Care in Canada / Améliorer les soins nutritionnels au Canada