

# Primary Care Dietitians: Supporting Ontario's Vulnerable Patients

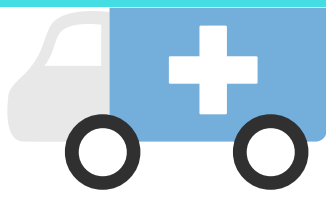
## Malnutrition: Do You Have an Appetite to Help?



**45%**

of patients

Malnourished upon admission to hospital.



**2 - 3**

days longer

Malnourished patients stay longer in hospital.



**8%**

of hospital budgets\*

Malnourished patients cost \$2B per year.\*

*\*In Canada*

## Nutrition Rx:



*"Let food be thy medicine & medicine be thy food"*  
~Hippocrates



Use valid screening tools and assessment methods to identify risk and diagnose malnutrition.



Refer to registered dietitians who are experts in medical nutrition therapy to treat and reverse malnutrition.



Coordinate care team approaches to keep patients well-nourished and in their homes.

**Malnutrition is Preventable & Treatable!**  
**Together We Can Make A Difference!**



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