

Discussion Group Questions

Sample questions for a discussion group with hospital staff:

1. What do you think this unit does well in terms of nutritional care?
2. Describe a time when patients received exceptionally good nutritional care. What made it a good experience?
3. Describe a time when patients did *not* receive good nutritional care. What was different from the good experience?
4. What are you trying to achieve by improving nutrition care?
5. Imagine a system where the majority of patients receive high quality nutrition care and patients leave hospital in a nourished state. What is different in this system? What does this look like on a daily basis?
6. How do you think we can achieve this dream system? Where do we start?
7. We are thinking about screening patients at admission by asking them 2 questions about weight change and food intake. Who should be asking those questions? What would help to put this into practice? What might be a challenge to doing this practice?
8. How would you want to receive information about changes on the unit? How would you like to be involved in those changes?
9. When changes were made to improve care practices in the past, what worked well? What didn't? Why?
10. Do you have any advice for the team working towards improving nutrition care for patients? Would you like to be more involved in this team?