

# ( Food is Medicine ) FROM HOSPITAL TO HOME



Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Health Care Professional's Name: \_\_\_\_\_

Important nutritional facts that are important to your recovery:

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Community resources available to you for nutritional support:

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Who will be monitoring your appetite and weight?

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Types of food to keep stocked on the shelves and refrigerator:

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Nutritional status—to be shared with family physicians and healthcare workers

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