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SUBJECTIVE GLOBAL ASSESSMENT

POCKET GUIDE

Canadian Malnutrition Task Force™ | le Groupe de travail canadien sur la malnutrition™

Advancing Nutrition Care in Canada /Améliorer les soins nutritionnels au Canada

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SUBJECTIVE GLOBAL ASSESSMENT FORM

MEDICAL HISTORY

Patient name:	Date:

NUTRIENT INTAKE

1. No change; adequate
2. Inadequate; duration of inadequate intake _____
   - ☐ Suboptimal solid diet
   - ☐ Full fluids or only oral nutrition supplements
   - ☐ Minimal intake, clear fluids or starvation
3. **Nutrient Intake in past 2 weeks***
   - ☐ Adequate _____
   - ☐ Improved but not adequate _____
   - ☐ No improvement or inadequate _____

WEIGHT

Usual weight _____

Current weight _____

* See SGA Rating for more description.

1. Non-fluid weight change during the past 6 months
   Weight loss (kg) _____
   - ☐ <5% loss or weight stability
   - ☐ 5–10% loss without stabilization or increase
   - ☐ >10% loss and ongoing

If above not known, has there been a subjective loss of weight during the past 6 months?

- ☐ None or mild
- ☐ Moderate
- ☐ Severe

2. Weight change in the past 2 weeks*
   Amount (if known) _____
   - ☐ Increased
   - ☐ No change
   - ☐ Decreased

SYMPTOMS (Experiencing symptoms affecting oral intake)

1. ☐ Pain on eating
   - ☐ Anorexia
   - ☐ Vomiting
   - ☐ Nausea
   - ☐ Dysphagia
   - ☐ Diarrhea
   - ☐ Dental problems
   - ☐ Feels full quickly
   - ☐ Constipation
2. ☐ None
   - ☐ Intermittent/mild/few
   - ☐ Constant/severe/multiple
3. Symptoms in the past 2 weeks*
   - ☐ Resolution of symptoms
   - ☐ Improving
   - ☐ No change or worsened

FUNCTIONAL CAPACITY (Fatigue and progressive loss of function)

1. No dysfunction
2. Reduced capacity; duration of change _____
   - ☐ Difficulty with ambulation/normal activities
   - ☐ Bed/chair-ridden
3. Functional Capacity in the past 2 weeks*
   - ☐ Improved
   - ☐ No change
   - ☐ Decrease

METABOLIC REQUIREMENT

High metabolic requirement ☐ No ☐ Yes

* See SGA Rating for more description.

SUBJECTIVE GLOBAL ASSESSMENT SCORING FORM

This SGA Form has been revised by taking into consideration elements from the following references:

Consensus document from Dietitian/Nutritionists from the Nutrition Education Materials Online, "NEMO", team. http://www.health.qld.gov.au/nutrition/resources/hphe_sga.pdf Posted: May 2009.

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